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Reproducibility of phase-contrast MRI in the coronary artery: towards noninvasive pressure gradient measurement and quantification of fractional flow reserve

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Background

Fractional Flow Reserve (FFR) is an invasively determined index of the functional severity of an intermediate coronary stenosis by measuring the pressure drop across the lesion [1]. Noninvasive pressure gradient (ΔP) measurements using phase-contrast (PC)-MRI have been attempted in the aorta, carotid, and renal arteries [2-4]. The purpose of this study is to assess the reproducibility of PC-MRI and noninvasive ΔP calculations in the coronary artery, which is relevant for establishing the robustness of the noninvasive FFR technique.

Methods

2D PC-MRI was used to acquire two-cardiac-phase data at mid-diastole and end-expiration via ECG-triggering and navigator-gating on 3T MAGNETOM Verio (Siemens). K-space phase-encoding ordering is designed to allow off-line view sharing [5], which is applied in cases where the acquisition window exceeds the quiescent period (~ 100 ms). The sequence measures the velocity field (v_x , v_y , v_z) of a single cross-section per acquisition and 4-5 consecutive slices were obtained in the proximal LAD. Reproducibility was assessed with two repeat scans on 4 healthy subjects. VENC ranged 30-45 cm/s for each flow encoding direction was determined from a VENC scout scan. The Navier-Stokes equations were used to derive ΔP [6]. In addition, a flow phantom (gadolinium-doped water flow at 300 mL/min in a silicone tubing of 4.8mm ID) with 40% stenosis (VENC=130z30xy cm/s) was likewise tested for reproducibility. Imaging parameters were: in-plane

resolution = 0.58-0.67mm, slice thickness = 3.2 mm, flip angle = 15°, 65-71 ms/phase with the first phase strictly coinciding with the quiescent period, scan time = 1-3 min per slice. Absolute maximum and averaged velocities at each slice in all three directions and the ΔP between adjacent slices obtained from both scans were statistically compared via intra-class correlation (ICC).

Results

Volunteer studies: averaged maximum through-plane velocity over all healthy volunteers was 16.5±4.0 cm/s. A total of 19 slices were acquired from all subjects. For velocity measurements, excellent correlations were seen in the through-plane velocities (v_z), with ICCs of 0.93/0.96 and slightly lower in v_x and v_y with ICCs of 0.83/0.86 and 0.80/0.78 for cardiac phases 1 and 2, respectively. For ΔP s, ICC was 0.51 with an average of 0.1039±0.28 mmHg among all subjects. Phantom studies: stenosis with 40% narrowing showed excellent correlations in all velocity directions and ΔP s (table 1).

Conclusions

Our preliminary results suggest that the noninvasive quantification of flow velocities and ΔP s are reproducible in the coronary arteries, demonstrating the robustness and feasibility of 2D PC-MRI. Patient studies are underway to determine ΔP and FFR thresholds between healthy and patient populations. Further technical improvements are warranted to reduce noise and improve reproducibility.

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Table 1 Intra-Class Correlation (ICC) between two scans.

	Velocity Encoding Direction	Averaged Velocity		Absolute Maximum Velocity		Pressure Gradient (ΔP)
		Phase 1	Phase 2	Phase 1	Phase 2	
Volunteers	Z	0.932	0.968	0.935	0.959	$r = 0.508$ $p < 0.05$
	X	0.578	0.447	0.828	0.861	
	Y	0.931	0.918	0.804	0.779	
Phantom	Z	0.992		0.988		$r = 0.768$ $p < 0.05$
	X	0.918		0.934		
	Y	0.979		0.969		

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